

## **NYSCHSAA Cheerleading Bylaws 19-20**

Coaches Certifications- All coaches must have current certifications for the following; CPR/AED, Concussion, Virtus, AACCA

Fall/Winter Season- Fall and Winter are two separate seasons with two separate tryouts. Fall tryouts take place in August and Winter tryouts in October. If you stunt and tumble in the Fall you are considered a competitive team and must follow all NFHS rules. Winter season ends on March 17th, so after that point you are considered a traditional cheer team and can no longer stunt.

Rules- All teams must adhere to to NFHS rules.

Competition Registration- Registration is done by mail. To register your team for a Regional or State competition you should mail a check and roster to the particular section treasurer. All information regarding competition registration can be found in the registration packet. You **MUST** register for regional events by November 1.

Cheerleading Fee- \$600 per team, **NONREFUNDABLE**.

### Competition Divisions-

Large Varsity (17-32) Small Varsity (16 & under)

Large Varsity Non Tumbling (17-32) Small Varsity Non Tumbling (16 & under)

Large JV (17-32) Small JV (16 & under)

Your intended competitive division will be determined by the division you compete in at your first Regional. Once you compete in a certain division, you may not switch.

Co-ed- Team competition will include one combined division for all girl and coed squads.

Routine Time- Maximum 2 minutes and 30 seconds. Music may not exceed 1 ½ minutes of this. There is an allowed three (3) second discrepancy for music and overall timing.

Music- Each team must present a **music license** at each competition. All cheerleading music must be licensed due to copyright laws. Please have your music on CD or iPod.

Coaches Meeting- There will be a mandatory coaches meeting prior to the start of any competition. The coaches meeting will take place 15 minutes before warmups will begin. At this meeting you will turn in skill sheets and hear any important information about the competition.

Roster- Rosters should be mailed to specific chair persons with registration for each Regional competition. An athlete may only be listed on one team's roster.

Awards- Amount of awards will be determined by the size of the division.

6 teams or more- 3 awards

4 or 5 teams- 2 awards

3 teams or less- 1 award

Judging- We will be utilizing the UCA score sheets for all Regionals and at the State competition. Each competition will have 3 judges plus one safety judge, all familiar with UCA scoring. Large and Small teams will be judged based on UCA All Girl Score Sheets and Large and Small Non tumbling teams will be judged based on UCA Non tumbling Score Sheets.

Admission- \$10 adults, \$5 Age 10 and under and senior citizens

Preseason Meetings- One representative per TEAM must attend the preseason coaches meeting in order for the school to be eligible to compete during the season.

Competition- A competition information email will be sent out to all coaches at least one week before each competition. All competition information can also be found on our website.

Warm Ups- Each team is allotted a 10 minute warm up.

Deductions- Deduction sheets can be picked up at the judges table. You have 5 minutes to challenge a deduction. All challenges will be reviewed by video replay.

Interruption of Performance- the only persons that may stop a routine for injury are:  
a) competition judges/chair persons b) coach c) an injured individual . The competition chairpersons will determine if the team will be allowed to perform at a later time. The team must perform the routine again in its entirety, but will be evaluated ONLY from the point where the interruption occurred.

State Championship- You must attend two of the three Regional Competitions in order to qualify for the State Championship. The cost of the State Championship is \$200 per team. Varsity teams only.

Website- <http://www.nyschsaacheerleading.org/>  
All competition results will be posted on the website.

### Chairpersons

Nassau-Suffolk  
Kelly Meisse [mrsmeisse@kellenberg.org](mailto:mrsmeisse@kellenberg.org)

Brooklyn-Queens  
Danielle Federico [dfederico9@gmail.com](mailto:dfederico9@gmail.com)

Archdiocese of NY (Staten Island, Manhattan, Bronx, Westchester)  
Kristie Perrotta [kristie.perrotta@gmail.com](mailto:kristie.perrotta@gmail.com)